

**BIRMINGHAM THEOLOGICAL SEMINARY
2200 BRIARWOOD WAY
BIRMINGHAM, ALABAMA 35243
(205) 776-5650**

**Spring 2012
BC7505 Advanced Biblical Counseling
Professor: Dr. Faye A. White
Class Hours: 2
Room: BWD-A209**

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COURSE PURPOSE

The purpose of this course is two fold as follows:

▶ Designed to help the student develop a particular knowledge base of the ten most common problems encountered in ministry setting and the functional skills for interviewing, developing a counseling strategy and maintaining a relationship with the counselee.

▶ To prepare the student to relate to abnormal behaviors through an understanding of abnormal psychology, and to develop the student's ability to apply Biblical Methodology to these issues.

COURSE OBJECTIVES

1. The student will learn how to define problems in Biblical terms.
2. The student will learn how to relate the secular and Biblical diagnosis.
3. The student will learn how to put these problems in theological prospective.
4. The student will learn how to offer help through a Biblical Methodology.

COURSE TEXTS

Required Texts:

Durand, Mark V. /Barlow, David, H; *Essentials of Abnormal Psychology, 5th Edition*
ISBN: 0495031283.

Required Texts (continued):

Asher, Marshall and Mary 2004
The Christian's Guide to Psychological Terms, Focus Publishing
ISBN: 1885904495

Adams, Jay. 1973
The Christian Counselor's Manuel, Zondervan Publishing
ISBN: 031051150X

Green-McCreight, Katheryn, 2006
Darkness Is My Only Companion: A Christian Response to Mental Illness,
Brazos Press
ISBN: 10: 58743-175-0

Collateral Texts:

Hines, William L. 1997
Leaving Yesterday Behind
ISBN: 1857923138

Powlison, David, 2004
Seeing With New Eyes, T & R Publishing
ISBN: 087552680-Xurabian, K. L.
A Manuel for Term Papers, Theses and Dissertations
University of Chicago Press
ISBN: 0226816273

Vyhmeister, Nancy J.
Quality Research Papers
Zondervan Publishing
ISBN: 0310239451

Dziegielewski, Sophia F. 2002
DSM-IV-TR IN ACTION,
John Wiley & Sons, Inc.
ISBN: 0471414417

COURSE REQUIREMENTS

1. Class attendance: more than two unexcused absences drops final grade by one letter grade.
2. Completion of weekly reading assignments on time.
3. Three to five page theological critique of “Darkness Is My Only Companion”: A Christian Response to Mental Illness, by Katheryn Green-McCreight, Brazos Press; ISBN: 10:58743-175-0. **[DUE MARCH 19, 2012]**
4. Research and write a 12-15 page paper on the subject of your choice related to one of the issues discussed in class. You must write about the secular way of responding to the issue in counseling, and then describe the Biblical response you would use to minister to counselee(s) coming to counseling with the same issue. This is a formal paper and must be completed using the Turabian Style for writing research papers. **[DUE APRIL 16, 2012]**
5. Mid-term exam (consisting of required readings/lectures **from [January 23-March 5, 2012].**
6. Final Exam (consisting of required readings/lectures from **[March 12 – April 23, 2012].**

GRADING

1. Class attendance: more than two unexcused absences drops final grade by one letter grade.
2. Reading/Exams 40%
3. Theological Critique 20%
4. Research Paper 40%

BTS FORMAT AND STYLE STANDARDS

NOTE: All papers must be formatted in accordance with Turabian Chicago Standards including the title page. Any paper not conforming to these standards will automatically be dropped one letter grade.

All course materials must be submitted by Friday, April 27, 2012. Thereafter, course materials may be submitted for up to six (6) weeks after the end of the semester directly to the Registrar with the permission of the professor. If a student submits course materials after the end of the semester but within the six (6) weeks grace period, the student's grade will be lowered by one letter grade. The course materials will not be accepted after the six (6) week grace period and a failing grade will be posted to the student's transcript.

COURSE OUTLINE

**WEEK 1:
January 23**

Subject: Crisis Counseling

**WEEK 2:
January 30**

Subject: Abnormal Behavior
Asher: Page(s): 1
Durand/Barlow: Chapters 1-2
Adams: pages 3-30

**WEEK 3:
February 6**

Subject: Understanding DSM-IV-TR
Durand/Barlow: Chapter 3
Adams: Pages 33-97

**Week 4:
February 13**

Subject: Anxiety Disorders
Somatoform Disorders
Asher: Page(s): 188-189,
59-63, 167
Durand/Barlow: Chapters 4-5
Adams: Pages 384-390

**WEEK 5:
February 20**

Subject: Mood Disorders/Suicide
Asher: Pages 25-26, 34
Durand/Barlow: Chapter 6
Adams: Page(s): 3

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**WEEK 6:
February 27**

Subject: Physical Disorders/Health Psychology
and Eating Disorders

Asher: Page(s): 10,31, 184-185
Durand/Barlow: Chapter 7-8
Adams: Page(s): 391-409

**WEEK 7:
March 5**

Subject: Sexual/Gender Identity Disorder
Asher: Page(s): 68,69,73,77,179,180
Durand/Barlow: Chapter 9
Adams: Page(s): 391-409
MID-TERM EXAM

**WEEK 8:
March 12-16**

SPRING BREAK

**WEEK 9:
March 19**

Subject: Substance Related/Impulse Control Disorders
Asher: Page(s): 194-195, 87
Durand/Barlow: Chapter 10
THEOLOGICAL CRITIQUE DUE

**WEEK 10
March 26**

Subject: Personality Disorders
Asher: Page(s): 12, 21,28,54,81,108
113-114,123,163
Durand/Barlow: Chapters 11

**WEEK 11:
April 2**

Subject: Schizophrenia/Other Psychotic Disorders
Asher: Page(s): 146,164
Durand/Barlow: Chapter 12
Adams: Page(s): 384-388

**WEEK 12:
April 9**

Subject: Biblical Model and Difficult Cases
Developmental & Cognitive Disorders
and, Mental Health Services: Legal
/Ethical Issues
Asher: Page(s): 16, 18, 19
Durand/Barlow: Chapters: 13 & 14

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**Week 13:
April 16**

Subject: **REVIEW FOR FINAL EXAMINATION**

**Week 14:
April 23**

Subject: **FINAL EXAMINATION**

ADVANCED BIBLICAL COUNSELING BIBLIOGRAPHY

- Adams, J. 1970, *Competent To Counsel*
Reformed Publishing
- Adams, J. 1986, *How To Help People Change*
Zondervan Publishing
- Adams, J. 1974, *The Christian Counselor's Casebook*
Zondervan Publishing
- Adams, J. 1979, *A Theology of Christian Counseling*
Zondervan Publishing
- Bragdon, Emma, 1988, *A Sourcebook for Helping People in Spiritual Emergency*
Lightening Up Press
- Clinton, Tim, 2001, *The Soul Care Bible*
Thomas Nelson Publishers
- Kirwan, William T., 1984, *Biblical Concepts For Christian Counseling*
Baker Book House
- Kruis, John G. 1988, *Quick Scripture Reference For Counseling*
Baker Books
- Morrison, James, 2001, *DSM-IV Made Easy*,
The Gilford Press
- Wright, Norman H., 2003, *The New Guide to Crisis & Trauma Counseling* Regal
Books Publisher
- Wright, Norman H., 1993, *Crisis Counseling: What To Do and Say During the
First 72 Hours* Regal Books Publishing