

**BIRMINGHAM THEOLOGICAL SEMINARY  
2200 BRIARWOOD WAY  
BIRMINGHAM, ALABAMA 35243  
(205) 776-5650**

**Spring 2010  
BC7505 Advanced Biblical Counseling  
Professor: Dr. Faye A. White  
Class Hours: 2  
Room: BWD-A209**

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**COURSE PURPOSE**

**The purpose of this course is two fold as follows:**

- ▶ Designed to help the student develop a particular knowledge base of the ten most common problems encountered in ministry setting and the functional skills for interviewing, developing a counseling strategy and maintaining a relationship with the counselee.
  
- ▶ To prepare the student to relate to abnormal behaviors through an understanding of abnormal psychology, and to develop the student's ability to apply Biblical Methodology to these issues.

**COURSE OBJECTIVES**

1. The student will learn how to define problems in Biblical terms.
2. The student will learn how to relate the secular and Biblical diagnosis.
3. The student will learn how to put these problems in theological prospective.
4. The student will learn how to offer help through a Biblical Methodology.

**COURSE TEXTS**

**Required Texts:**

Durand, Mark V. /Barlow, David, H; *Essentials of Abnormal Psychology, 4<sup>th</sup> Edition*  
ISBN: 0495031283.

**Required Texts (continued):**

Asher, Marshall and Mary 2004  
*The Christian's Guide to Psychological Terms*, Focus Publishing  
ISBN: 1885904495

Adams, Jay. 1973  
*The Christian Counselor's Manuel*, Zondervan Publishing  
ISBN: 031051150X

Green-McCreight, Katheryn, 2006  
*Darkness Is My Only Companion: A Christian Response to Mental Illness*,  
Brazos Press  
ISBN: 10: 58743-175-0

**Collateral Texts:**

Hines, William L. 1997  
*Leaving Yesterday Behind*  
ISBN: 1857923138

Powlison, David, 2004  
*Seeing With New Eyes*, T & R Publishing  
ISBN: 087552680-Xurabian, K. L.  
*A Manuel for Term Papers, Theses and Dissertations*  
University of Chicago Press  
ISBN: 0226816273

Vyhmeister, Nancy J.  
*Quality Research Papers*  
Zondervan Publishing  
ISBN: 0310239451

Dziegielewski, Sophia F. 2002  
*DSM-IV-TR IN ACTION*,  
John Wiley & Sons, Inc.  
ISBN: 0471414417

### **COURSE REQUIREMENTS**

1. Class attendance: more than two unexcused absences drops final grade by one letter grade.
2. Completion of weekly reading assignments on time.
3. Three to five page theological critique of “Darkness Is My Only Companion”: A Christian Response to Mental Illness, by Katheryn Green-McCreight, Brazos Press; ISBN: 10:58743-175-0.
4. Research and write a 12-15 page paper on the subject of your choice related to one of the issues discussed in class. You must write about the secular way of responding to the issue in counseling, and then describe the Biblical response you would use to minister to counselee(s) coming to counseling with the same issue. This is a formal paper and must be completed using the Turabian Style for writing research papers.
5. Mid-term exam (consisting of required readings/lectures from January 25-March 8, 2010).
6. Final Exam (consisting of required readings/lectures from March 22 – April 19, 2010).

### **GRADING**

1. Class attendance: more than two unexcused absences drops final grade by one letter grade.
2. Reading/Exams 40%
3. Theological Critique 20%
4. Research Paper 40%

**COURSE OUTLINE**

**WEEK 1:  
January 25**

Subject: Crisis Counseling

**WEEK 2:  
February 1**

Subject: Abnormal Behavior  
Asher: Page(s): 1  
Durand/Barlow: Chapters 1-2  
Adams: pages 3-30

**WEEK 3:  
February 8**

Subject: Understanding DSM-IV-TR  
Durand/Barlow: Chapter 3  
Adams: Pages 33-97

**Week 4:  
February 15**

Subject: Anxiety Disorders  
Somatoform Disorders  
Asher: Page(s): 188-189,  
59-63, 167  
Durand/Barlow: Chapters 4-5  
Adams: Pages 384-390

**WEEK 5:  
February 22**

Subject: Mood Disorders/Suicide  
Asher: Pages 25-26, 34  
Durand/Barlow: Chapter 6  
Adams: Page(s): 3

**WEEK 6:  
March 1**

Subject: Physical Disorders/Health Psychology  
and Eating Disorders  
Asher: Page(s): 10,31, 184-185  
Durand/Barlow: Chapter 7-8  
Adams: Page(s): 391-409

**WEEK 7:  
March 8**

Subject: Sexual/Gender Identity Disorder  
Asher: Page(s): 68,69,73,77,179,180  
Durand/Barlow: Chapter 9  
Adams: Page(s): 391-409

**MID-TERM EXAM**

**WEEK 8:  
March 15**

**SPRING BREAK**

**WEEK 9:  
March 22**

Subject: Substance Related/Impulse Control Disorders  
Asher: Page(s): 194-195,87  
Durand/Barlow: Chapter 10

**THEOLOGICAL CRITIQUE DUE**

**WEEK 10  
March 29**

Subject: Personality Disorders  
Asher: Page(s): 12,21,28,54,81,108  
113-114,123,163  
Durand/Barlow: Chapters 11

**WEEK 11:  
April 5**

Subject: Schizophrenia/Other Psychotic Disorders  
Asher: Page(s): 146,164  
Durand/Barlow: Chapter 12  
Adams: Page(s): 384-388

**WEEK 12:  
April 12**

Subject: Biblical Model and Difficult Cases  
Developmental & Cognitive Disorders  
and, Mental Health Services: Legal  
/Ethical Issues  
Asher: Page(s): 16,18,19  
Durand/Barlow: Chapters: 13 & 14

**Week 13:  
April 19**

Subject: **REVIEW FOR FINAL EXAMINATION**

**Week 14:  
April 26**

Subject: **FINAL EXAMINATION**

## ADVANCED BIBLICAL COUNSELING BIBLIOGRAPHY

- Adams, J. 1970, *Competent To Counsel*  
Reformed Publishing
- Adams, J. 1986, *How To Help People Change*  
Zondervan Publishing
- Adams, J. 1974, *The Christian Counselor's Casebook*  
Zondervan Publishing
- Adams, J. 1979, *A Theology of Christian Counseling*  
Zondervan Publishing
- Bragdon, Emma, 1988, *A Sourcebook for Helping People in Spiritual Emergency*  
Lightening Up Press
- Clinton, Tim, 2001, *The Soul Care Bible*  
Thomas Nelson Publishers
- Kirwan, William T., 1984, *Biblical Concepts For Christian Counseling*  
Baker Book House
- Kruis, John G. 1988, *Quick Scripture Reference For Counseling*  
Baker Books
- Morrison, James, 2001, *DSM-IV Made Easy*,  
The Gilford Press
- Wright, Norman H., 2003, *The New Guide to Crisis & Trauma Counseling* Regal  
Books Publisher
- Wright, Norman H., 1993, *Crisis Counseling: What To Do and Say During the  
First 72 Hours*  
Regal Books Publishing

